



## FRIENDS OF BOGGS MOUNTAIN

P.O. Box 735 ~ Cobb, CA 95426

[www.boggsmountain.org](http://www.boggsmountain.org)

### NEWSLETTER

Volume 4, Issue 1 February 2008

## WINTER WEATHER DAMAGES FOREST

By Boone Lodge

Snow, followed by rain, followed by icy snow, combined with high wind gusts in the past month has had a severe impact on Boggs Forest. There are numerous downed trees as well as broken-off top sections littering the trails and roads throughout the forest. The heavy run-off from the rain has created some nasty erosion problems as well.

Wayne Connor has been busy with his chain saw clearing the roads and trails of debris, and Tom Smythe has been working on the removal on his days off, but there is still a lot of work to be done. If you would like to help with the clean-up, below are the dates we will be needing your assistance. You don't have to be a logger or tree trimmer to help out. There is something for everyone to do, so, if you can clip, snip, rake or shovel, bring a tool or two and meet us at the kiosk in the parking area of Boggs Forest on **Saturday morning at 10:00am** on the following dates: **February 23, March 29, April 26 and May 17.**

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## State of the Forest Report

By: Wayne Connor, Forest Manager

The current state of the forest is pretty messy with all of the tree tops that have blown down during the relentless storms over the past couple of weeks. I'm compiling a list of trail blockages, so if you run across trees in your way please let me know. The current state of the forest manager is pretty lonesome, with Kim off on vacation and the Boggs Helitack crew in training. The constant barrage of bad weather has just added to the melancholy.

Geez I'm getting all "Edgar Allen Poe" here, maybe I should change my tune: The forest was absolutely gorgeous with all of the snow. I really hope you found some time to come out and enjoy it. Yeah...there were a few mud-boggers and cross country truckers, but also allot of family fun with the kids and dogs. In case you were wondering, all of the garbage can lids were accounted for after the snow melted. They seem to turn in to sleds when the snow flies.



The Russulas are a large and widely distributed genus of close to two hundred species and unlike the Boletes, they are a gilled mushroom. The most common one found in Boggs is the Short-stemmed Russula, where all parts (stem, cap, gills, spores) are white at first but becoming dingy buff to brown with age. These are large mushrooms and the cap can be as wide as 14 inches, but the more usual size is 6 inches. It has the dubious honor of being overwhelmingly voted as the *Most Boring Mushroom* at the Annual Santa Cruz Fungus Fair. “So large, so mediocre” and “Better kicked than picked” are typical of the comments this tedious, vulgar, mundane mushroom received at the Fair. A more colorful specimen is the smaller Emetic Russula which is easily recognized by its rosy red cap and white stem and gills. It is pleasing to the eyes of all, to the tongues of some, but to the stomachs of none. As its name implies, it is poisonous and can be used to induce vomiting.\*

Boggs Forest abounds with other colorful species such as the Amethyst Laccaria which as indicated by the name is a beautiful purple or the Saffron Milk Cap, bright to dull orange that stains green when bruised. It has the Latin name of *Lactarius deliciosus* and as its name implies is considered by some to be a highly-prized species for the table whereas other mushroom devotees consider it to be edible, but not necessarily delicious.

Mushrooms are fungi , and there are an estimated 70,000 species of fungi in the world, ranging from yeasts, molds, rusts and mildew to mushrooms. They are believed to be primitive plants, possibly related to the algae, a group that possesses no true flower or seeds but is propagated by spores. So, when the opportunity arises, do not neglect to explore the world of fungi at Boggs.

\**Mushrooms Demystified* by David Arora

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*"See the beauty, breathe the air, feel the wonder of being close to nature."*

## **TAKE A HIKE!**

Sunday, **February 24<sup>th</sup>** at 10 am in Boggs Forest, moderate 2-4 miles with Boone

Saturday, **March 8<sup>th</sup>** at 8 am in Boggs Forest, moderate/difficult 5-7 miles with Carol.  
Hosted by Sierra Club

Sunday, **March 16<sup>th</sup>** at 10 am in Boggs Forest, moderate 3-5 miles with Boone

Saturday, **March 22<sup>nd</sup>** at sunset, up Mt. St. Helena for full “moonwalk”,  
moderate/difficult 10 miles with Carol & Boone, reservations required

Saturday, **April 5<sup>th</sup>** at 7:30 am up Cobb Mountain, moderate/difficult 4-6 miles with Carol, reservations required. Hosted by Sierra Club

Sunday, **April 13<sup>th</sup>** at 10 am Boggs Interpretive Trail, easy/moderate 1.5 miles with Boone

Saturday, **April 26<sup>th</sup>** at 9 am in Boggs, moderate 4-6 miles with Carol

Saturday, **May 10<sup>th</sup>** after 9am TALK, on Boggs Interpretive Trail, easy/moderate 1.5 miles with Boone

Saturday, **May 24<sup>th</sup>** at 9 am in Boggs Forest, moderate/difficult 5-7 miles with Carol

All hikes in Boggs Forest begin and end at the Kiosk in the parking area.  
Participants are required to sign a waiver of liability before each outing.

For more information and reservations if applicable, please email  
[friendsofboggsmountain@earthlink.net](mailto:friendsofboggsmountain@earthlink.net)  
Or call Boone at 928-5819 or Carol at 928-5423

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We are very grateful to the following:

New members

Sieg Magenheim, Salinas; Stuart Rohnstock, Fremont

Renewing members

Ken Roberts, Loch Lomond; Larry Corridon, Kelseyville;  
Tom & Jacki Smythe, Kelseyville; Paul Walters, San Jose;  
David & Phyllis Thiessen, Cobb; Eric Callies & Joleen, San Rafael;  
Nicole Kilbourne & Jake Schneider, Cobb; Darlene Hecomovich, Cobb;

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Friends of Boggs Mountain presents:

BOGGS TALKS

Beginning May 10<sup>th</sup>

Special guest speaker and dedication of the Informational Kiosk,  
followed by a hike on the Interpretive Trail.

~Fliers for each event will be forthcoming~

This newsletter has been compiled and edited by Boone Lodge